



ΠΟΛΙΤΙΣΤΙΚΟ ΕΡΓΑΣΤΗΡΙ ΑΓΙΩΝ ΟΜΟΛΟΓΗΤΩΝ

INFO PACK

VIBES of LIFE 2017

VIBES of LIFE
2017

organised by:



Erasmus+

2015-3-CY02-KA105-000626

We are happy to send you the info pack of **Vibes of Life 2017**.
**This is the second activity of the project. Please read carefully
and respond as soon as possible**

As you remember we had applied for 2 youth exchanges - one in
2016 and the second in 2017. 2016 Vibes was succesful and
amazing as you must remember.

(A Reminder!!! <https://youtu.be/7TISC4A5cTQ>)

More about Politistiko Ergastiri...

The Cultural Workshop Ayion Omoloyiton (or Politistiko Ergastiri) was established as a nonprofit organization in 2002, to host the Workshop of Traditional Dancing, which was initiated in 1999 and the other cultural activities which were developed throughout the years (Traditional Music workshops, workshops of Film, Photography, and Theatre).

More than 100 children and adults have the chance to be involved and express themselves artistically through the various activities offered by the Cultural Workshop.

Having as a base the respect of tradition and cultural heritage (tangible and intangible), having implemented ethnographic research regarding Cyprus traditional dances and music and moreover, by cooperating with specialists in the field of traditional music and dance and getting involved in European funded projects concerning culture and education, the Cultural Workshop has a long list of activities and outcomes to introduce.

Homepage:

<http://politistiko-ergastiri.org>

Lipdub tour

<http://www.youtube.com/watch?v=BSbw3F14col>

Youtube channel

<http://www.youtube.com/user/politistkoergastiri>

VIBES of LIFE - 2017

(vibes = vibrations, impressions, feelings)

Erasmus+ Programme

Ref.No. 2015-3-CY02-KA105-000626

Dates:

3rd of July – 11th of July 2016

(including arrival and departure dates)

Countries and organisations participating:

6 countries, 40 participants, 6 youth leaders, 4 workshop leaders, 3 support persons

- POLITISTIKO ERGASTIRI AYION OMOLOYITON - Cyprus (host)
- Associazione FLEBO Onlus – Italy
- Asociación Sociocultural Isla CreActiva – Spain
- Associação Juvenil da Linha de Cascais Rota Jovem – Portugal
- Asociatia Support for Youth Development – Romania
- Centrum Wspolpracy Mlodziezy – Poland

DESCRIPTION

"Vibes of Life - 2017" in Cyprus is a 7 working days long, multilateral youth-exchange taking place in Paphos with promoters from five other countries.

→The purpose of the project is to increase active citizenship in society of young people.

→The project objectives are:

- to promote young people's participation and inclusion;

- to help and sustain young people in achieving skills, values and attitudes important for the development of a democratic society;
 - to promote Erasmus + principles: tolerance, respect for other cultures, respect for human rights;
 - achievement of knowledge on European Union, Youth in Action program
 - develop long lasting partnership relationship between the promoters of the project
 - to use arts and media as a medium to achieve objectives
- The project will follow the a non- formal methodology by offering artistic workshops, like dance and drama, in order to promote other ways of learning.
- All the participants will be actively involved in workshops such as dance and drama run by professional artists, which also make it possible to include and motivate young people.
- After 4 days of intense activity in the workshops, the results will be combined into a presentation and shown to other young people in the public spaces and then, there will also be time for sightseeing.
- The venue will be in Paphos, in the coast part of the city. We have collaborated with the authorities and the locality before in other events and European projects.

DETAILS FOR THE PRELIMINARY VISIT (APV)

Dates: 26th – 29th of May 2017. (Arrival day in Cyprus 26th of May and departure 29th of May)

At APV we would like 1 person to attend. This would be the youth leader of each group **(IT MUST BE THE PERSON THAT WILL ACCOMPANY THE GROUP IN JULY)**

YOUTH EXCHANGE ACTIVITY PERIOD

Dates: Final dates of the activity because of the availability of the venue are 3rd of July – 11th of July (Arriving on the 3rd - departing on the 11th)

TIME TO GATHER THE TEAM!!!

→The hosting organisation will cover:

- Accommodation
- Food
- Transportation
- Activities and
- Program expenses

→Remember that the age group of participants is 5 youngsters born in the years between 1999 and 2002!!

Participants IN DETAIL – Important!!

TOTAL PERSONS TO PARTICIPATE IS 6

1 Youth leader (over 18)

5 participants (born in the years between 1999 and 2002)

→If possible, please try to have *gender balance*.

→YOUNG PEOPLE DO NOT NEED TO HAVE AN EXPERTISE IN ARTS (dance, music, theatre etc.), but must be interested in participating fully in all activities. If they have an expertise we would encourage them to bring with them either their percussions or other equipment needed (e.g. juggling balls or other).

Responsible group from Cyprus

Cyprus: Politistiko Ergastiri Ayion Omoloyiton

Christiana Papadopoulou - christiana.papad@gmail.com

Eleonora Chrysanthi - eleonora.chrysanthi@gmail.com

Panayiotis Theodorou - panayiotisth@gmail.com

Workshop leaders

Pako Soull Koul

<https://www.facebook.com/pakosk?fref=ts>

Nauzet Vega

<https://www.facebook.com/nau.vr?fref=ts>

Emmanuel FoX

<https://www.facebook.com/emmanuel.fox>

Mohammed Awwad

<https://www.facebook.com/kerioskapello?fref=ts>

Pavlina Papadopoulou

<https://www.facebook.com/pavlina.papadopoulou.1>

Intercultural Night!

- Each group will present their country: 3 countries per night (2 intercultural nights total).
- It could be with a powerpoint presentation, traditional dances, a song, a quiz, a game from your country and any other way you can think of.
- **Be creative!** We would suggest that in your presentation you include an interactive activity where everyone can join.
- Please have in mind that each country will have 30 minutes max for their presentation!
- If you want, you can bring t
- Traditional food or drinks from your country but **no alcohol!**

THIS PLAN MIGHT CHANGE AFTER AGREEMENT WITH THE YOUTH LEADERS

What to bring with you in July – IMPORTANT!!!

- 1-2 group photo of your group at the departure airport and 1-2 from the arrival airport (Larnaca or Paphos)
- Swimsuits (2)
- Swim towels

- Soap and shampoo
- Sun- block cream +50
- Mosquito repellent (either in a form of cream or other)
- Hats
- Water bottles
- Presentation clothes (something black -long or under the Knee leggings or long - ¾ tracksuits +black blouse or dress for contemporary dance)
- Comfortable shoes for dancing- socks for contemporary dance | (black for presentation)
- Knee pads if they want (break dance + contemporary dance)
- Adaptors (british style)
- Photo camera if they want
- **No laptops or tablets**

Reimbursement

CHECK LIST FOR TRAVEL REIMBURSEMENT

1. Regular air tickets must be accompanied
 - by the original invoice (signed and stamped)/receipt/pay order/proof of payment
 - the boarding pass(the small ticket stub you receive before boarding the plane)
 - the prices stated in the invoices, receipts etc. must coincide with the price on the ticket.
2. E-Tickets must be
 - printed out and include your name, the exact fare you paid, details of your flight on the same page
 - be provided along with the credit card receipt for the payment or a copy of your bank
 - statement (clearly showing the payment has been made)
 - given in with the boarding pass(the small ticket stub you receive before boarding the plane)

NOTE: Some airlines print „passenger receipt“ at the top of the cardboard ticket. It is not accepted as a receipt of proof of payment. Therefore, if you book your tickets online, please, make sure to print out the e-mail you receive from the airline company upon the payment, stating how much and how you paid.

3. Bus tickets

It is important that that arrival and departure time as well as the price are visible (+invoices if available).

Other important details:

- Missing or lost tickets are not reimbursed.
- Booking paper alone is not enough
- Any costs for taxi are not reimbursed
- Return tickets must be bought in advance before the journey
- Following the guidelines of the program and internal regulations the travel must be realized by the participants on the direct way within maximum 2 days. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs!
- Mobility tool report must be completed by all youth leaders for reimbursement to be affective
- Reimbursement is done in Euro and bank transfer charges to the beneficiary account.
- After the meeting, please send us back all your complete travel documents in ORIGINAL by post mail as well as your bank account details (name of account holder, name of the bank, IBAN code, BIC/SWIFT code) to:

Vibes of Life 2017
Politistiko Ergastiri Ayion Omoloyiton
Anchialou 1, 1080
LEFKOSIA

- REINBURSEMENT OF TICKETS WILL OCCURE NOT SOONER THAN 8 MONTHS AFTER THE COMPLETION OF THE ACTIVITY AND WHEN THE NA HAS REINMBURSED THE OVERAL BUDGET OF THE PROJECT.

Travel cost limit of reimbursement per participant (for each activity)

Italy - 270 Euros
Spain- 620 Euros
Portugal - 400 Euros
Romania - 170 Euros
Poland - 270 Euros

(please deduct the amount of of 25 euros per person, for travel within Cyprus – to and from airport if it is arranged by us)

IMPORTANT:

For Activity 2 Vibes 2017

100% Reimbursements of the travel costs will be paid not earlier than 8 months after the activity and AFTER the National Agency Reimburses the full 100% of expenses

Accommodation

Neapolis University Pafos

Postal Address:

2 Danais Avenue
8042 Pafos
Cyprus
General Enquiries

Telephone: +357 26843300

Fax: +357 26931944

Email: info@nup.ac.cy

<http://www.nup.ac.cy/en-gb/home.aspx>

About the rooms...

- 2/3 beds per room
- sheets, and towels
- No soap
- Mixed nationalities
- Room Division

We intend to *mix nationalities*, so each child will be staying with another nationality person.

Group building will take place to help out.

IMPORTANT THINGS TO REMEMBER!!!

- Participants arriving a day or two earlier will should be informed that they will need to move to assigned rooms for

accommodation. You will have the list before arrival.

- Use of premises by youngsters or leaders (pool, social areas) will follow rules of the youth exchange organisation (timetables, restrictions etc)
- We remind that this youth exchange **is alcohol and smoke free**. Participants should not consume alcohol or smoke.

Publicity

Posting photos on web pages and facebook - You need a signed approval from parents!

Proposed format

Organisation Name

date:/...../.....

Written consent of a parent / guardian for publicize images and video of child on internet sites

Dear Parents

Please be advised that under the youth exchange Vibes of Life we will be publishing printed and / or electronic materials that can include photographs and / or video of participants (e.g. newspaper class / school, school websites, newsletters etc).

In order to respect the relevant conduct, please give your consent for publication of photographs and / or video of your child.

Please select one of the below.

- I declare that I accept the publication of photographs and / or

video of my child in printed or electronic materials issued by project Vibes of life.

- I declare that I do not accept the publication of photographs and / or video of my child in printed or electronic materials issued by project Vibes of life

Name of child: ID:
.....

Full Name of Parent/Guardian : _____

Signature of Parent/Guardian: _____